2014 ECC Annual Report

We are delighted to share our 2014 Annual Report, with news of yet another exciting and productive year for the Colorado State University Early Childhood Center. Highlights of our year include the dedication of the Bea Romer and Peggy Noland Children's Musical Garden in October and partnering with CSU President Tony Frank on his homecoming float. Click here to read about the ECC, our Reggio Emilia-inspired philosophy, and the pivotal student learning and developmental research happening alongside the growth and education of our youngest Rams.

As we look back on the many exciting happenings of 2014, we want to extend to you the warmest and most heart-felt thank you for your support and participation in the life of our school. Together, we are fulfilling our three-fold mission of teaching, research, and service, and making many meaningful memories in the process! (If you experience difficulty viewing the flipbook, please click here for the .PDF version)
Enrollment packets for the 2015-2016 school year have been distributed! Your response is due back to the ECC main office by February 27. The enrollment period for new families begins on March 2.

Parent and Teachers Together (PATT) Open Forums

ECC staff recently came together and brainstormed ways to improve our PATT meetings. In reflecting on recent open forums we have held for specific classrooms on relevant topics, we came to the conclusion that forums are a much more meaningful and purposeful way for us to come together as a community.

More information about our redeveloped PATT open forums can be found on the documentation board near the main office. On this board we invite you to sign up for a forum of your interest and invite you to add any additional interests/ideas/topics. Once we see a topic with growing interest we will schedule a forum.

Thank you for your ongoing collaboration and participation in coming together as a community.

See the flyer below for information on The Hold Me Tight workshop offered by CSU faculty member Ashley Harvey. This workshop is open to any couple interested in understanding and strengthening their relationship. This educational workshop helps couples recognize their negative conflict cycle, prevent a conflict, and reconnect. Couples who participate in the workshops will have the opportunity to learn without sharing details about their relationship.
Hold Me Tight Couples Workshop

Open to any couple interested in understanding and strengthening their relationship

Workshop Facilitators

Hold Me Tight will be facilitated by Ashley Harvey, PhD, LMFT, and Paul McClure, MS, LMFT. Ashley is a CSU faculty member and Paul is a therapist in private practice.

Workshop Content

In the first session, Dr. Harvey will present an overview of the research on adult attachment in romantic relationships. Individuals and couples can choose to attend this first session without committing to the full couples workshop.

During the remaining three evenings, video clips and worksheets will help couples explore cycles of distress and connection, and devise strategies for a mutually satisfying relationship.

This workshop is based on the book *Hold Me Tight* by Dr. Susan Johnson, and Emotionally Focused Therapy (EFT), a scientifically validated therapy for couples. However, this is an educational workshop rather than a therapy group.

Workshop Dates & Location

4 weekly Tuesday evening sessions
February 24—March 24 (skip March 17)
6:00—7:40 p.m.
CSU Behavioral Sciences Building
Room 457

Workshop Cost

$45 per couple per session or $120 if all four sessions paid in full
$25 per individual (individuals invited to first session only)

Workshop Registration

To register, please call the CSU Center for Family and Couple Therapy
970-491-5991

For more information on the workshop, please email Dr. Harvey at Ashley.Harvey@colostate.edu

For further information on the Center for Family and Couple Therapy, visit
www.cfct.chhs.colostate.edu